



Vices & Virtues

Envy & Love
I Samuel 18

Envy and joy cannot co-exist
in the same heart.
Envy and peace cannot co-exist
in the same heart.



1 Samuel 18:2

"From that day Saul kept David with him and did not let him return home to his family."



I Samuel 18:5

"Whatever mission Saul sent him on, David was so successful that Saul gave him a high rank in the army. This pleased all the troops, and Saul's officers as well."



I Samuel 18:6-7

"When the men were returning home... the women came out from all the towns of Israel to meet King Saul with singing and dancing...As they danced, they sang: 'Saul has slain his thousands, and David his tens of thousands.'"



I Samuel 18:8

"Saul was very angry...And from that time on Saul kept a close eye on David."



Envy tempts me to see
the achievements of others as a threat.



Envy makes me suspicious of another
and may influence me to plot
their downfall.



I Samuel 18:18-21

"Now Saul's daughter Michal was in love with David, and when they told Saul about it, he was pleased. 'I will give her to him' he thought, 'so that she may be a snare to him and so that the hand of the Philistines may be against him.' So Saul said to David, 'Now you have a second opportunity to become my son-in-law.'"



Envy turns me into a hypocrite.

1 Samuel 18:22

Then Saul ordered his attendants: "Speak to David privately and say, `Look, the king is pleased with you, and his attendants all like you; now become his son-in-law.'"



*"A heart at peace gives life to the body,
but envy rots the bones."*

Proverbs 14:30



Envy tempts me to keep my eye
on someone else, not on God.

1 Samuel 18:9

*“And Saul eyed David from that day
and forward.”*



I Samuel 18:10-11

“The next day an evil spirit from God came forcefully upon Saul. He was prophesying in his house, while David was playing the harp, as he usually did. Saul had a spear in his hand and he hurled it, saying to himself, ‘I’ll pin David to the wall.’ But David eluded him twice.”



Mark 15:9-10

“Do you want me to release to you the king of the Jews?” asked Pilate, knowing it was out of envy that the chief priests had handed Jesus over to him.



Envy will blind me to the blessings
and achievements of my own life



As I go through life,
will I rejoice in friends' success
or will I allow envy to suck me into bitterness?
“Love rejoices in our neighbor’s good,
while envy grieves over it.”
- **St. Thomas Aquinas**



Envy's remedy is a heart of love.

I Corinthians 13:4

*"Love is patient, love is kind.
It does not envy, it does not boast,
it is not proud."*

*"I am to love God enough to be contented;
I am to love men enough not to envy."*

-Francis Schaeffer



Cultivate an Eternal Perspective.

Psalm 49:16-19

"Do not be overawed when a man grows rich, when the splendor of his house increases; for he will take nothing with him when he dies, his splendor will not descend with him. Though while he lived he counted himself blessed and men praise you when you prosper he will join the generation of his fathers, who will never see the light of life."



Practices of love that cast out envy:

1. Write letters of congratulations
2. Make a call and compliment the person for his or her accomplishment
3. Tell them you are proud of them and proud to know them
4. Be the first in line to shake their hand
5. Be the first up off your seat to applaud them



A large tree stands in a field, split vertically. The left side of the tree is bare and dark, while the right side is lush with green leaves. The background is a clear, light blue sky. The text 'Vices & Virtues' is overlaid on the tree. 'Vices' is in a white, cursive font on the left. '&' is a large, light blue ampersand in the center. 'Virtues' is in a white, sans-serif font on the right.

Vices & Virtues