

LAKE  
FOREST  
CHURCH



# THE PEOPLE OF GOD

A Study in 1 Peter

S.O.A.P JOURNAL

## DEAR CHURCH,

We believe the Bible is God's true story about who He is, what He has done, what He is doing, and what He will do. It was given by God to human writers and so reflects their backgrounds, styles and use of language. The Bible is the final authority on all matters to which it speaks.

While our Sunday morning worship gathering is a great place to learn what the Bible says and hear from God, we want to encourage you to also find opportunities and make time to explore God's Word on your own. As you read scripture, think about what it says and find ways to apply what you learn, we are confident God will transform your life as you grow more like Jesus.

This S.O.A.P. Journal is designed to help you read through the book/letter of 1 Peter. There are five weeks outlined for you to "SOAP" through as we study this together as a church this season.

May you find joy as you explore God's Word.

-The Pastors at Lake Forest Church

# AN INTRODUCTION TO THE BOOK OF 1 PETER,

ADAPTED FROM THE BIBLE PROJECT

The book of 1 Peter gives persecuted Christians a powerful reminder that they have hope in the midst of their suffering. From the time of Abraham, God's people were a misunderstood minority and should expect to face hostility because they live under King Jesus' rule.

Whether we, in America 2020, are experiencing overt persecution or not, the sense of persecution is actually a gift because it offers the chance to show others the surprising generosity and love of Jesus, which is fueled by hope in His return and victory over evil. Peter is hopeful that their imitation of Jesus and demonstration of His upside-down kingdom, which includes baptism and service, will give power to their words as they bear witness to God's mercy and show people the beautiful truth about Jesus.

# WHAT IS S.O.A.P?

S.O.A.P. is an acronym for Scripture, Observation, Application and Prayer.

## **Scripture**

Read the verse(s) listed at the top of the page. Read them several times and let the words soak in. Write down key words or phrases that spoke to you.

## **Observation**

Write down what you learned from the verse(s) you read. Insights come in the moment and when we write them down they are more likely to have a lasting impact.

## **Application**

Translate your insights into a plan of action so you can see a real change in your life.

## **Prayer**

Write a brief one or two sentence prayer asking God to help you remember and integrate what you have learned.

Check out the S.O.A.P. example on the next page.

# HOW TO S.O.A.P.

Sample Scripture: 1 Peter 5:6-11

## Day 1- S.

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.”

## Day 2- O.

Spiritual warfare is real, there is an enemy and he is against me. But I am not alone. There are brothers and sisters in Christ, right now, all over the world who are enduring things as bad and worse than I am. But they are making it through.

## Day 3- A.

I say that I know suffering is part of the Christian life, but when I am in the middle of it, do I feel entitled or sorry for myself? Can I recognize his attempts to sway me in the midst of suffering and am I actively resisting him by focusing on and relying on the hope I have in Christ?

## Day 4- P.

Lord, reveal to me through the power of your Spirit and my family of faith where and when the enemy is seeking to sway me. Give me power and strength to hold firm to the hope I have in Christ and to live that out in how I respond to suffering and persecution in this life.

# SECTION ONE: 1 Peter 1:13-16; 22-23

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## SECTION TWO: 1 Peter 2:1-10

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## SECTION THREE: 1 Peter 3:8-12

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## SECTION FOUR: 1 Peter 4:1-2; 12-19

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## SECTION FIVE: 1 Peter 5:6-11

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